CURRICULUM VITAE

PERSONAL DATA:

NAME: MUNGA ERICK NONGUB MOBILE No:0553203571 EMAIL: mungaerick26@yahoo.com Nationality: Cameroonian Languages : English (excellent), French (Excellent)



PERSONAL SUMMARY



A meticulous, hard-working and focused professional who has a long track record of identifying probable risks, preventing accidents and implementing safety regulations. I have considerable experience in a Health and Safety role, and I am an expert in the fields of drawing-up safe operational procedures and making recommendations following any accidents or incidents. I am team-oriented, resilient and have a self-consistent personality, along with a very precise and goal-oriented working style. Right now I'm looking for a permanent position with a company where there is future potential for promotion based on individual performance.

EDUCATION QUALIFICATION

- NEBOSH International General Certificate in Occupational Health, Safety and Environmental Management
- Certificate in Environmental Awareness and Safety
- Certificate in Risk Assessment and Hazard Identification.
- Certificate in Emergency Response Procedures
- Certificate in Accident Investigation
- Integrated Management System i.e. ISO 9001: ISO 14001: ISO 18001
- IOSH Certificate Managing Safely
- CERTIFICATE IN MANUAL HANDLING AND POSTURE AT WORK(GESTE ET POSTURE AU TRAVAIL)
- Bachelor Degree in BIOLOGY AND ENVIRONMENTAL SCIENCE *University of Buea*
- Post Diploma in Petrochemical Process Safety and Engineering
- Post Diploma in sciences for Secondary school (Biology, Physics and Chemistry)
- G.C.E Advanced Level certificate ,Sciences
- G.C.E Ordinary Level Certificate, Sciences

ADDITIONAL TRAINING:

- Basic First-Aid Training & Emergency Response by SAFER
- Fire safety and firefighting certificate Level 1 by SAFER
- People of Determination (POD) training by SAFER
- Environmental management system ISO 14001:2004
- Quality management systems ISO 9001:2008
- ISO: 9000 Awareness training course

- Permit to Work Requirements
- Confined Space Entry Requirements
- Computer skills (Microsoft Excel, PowerPoint, Word, Project)
- Fire Training Certificate by DCD
- First Aid Training Certificate by Trakhees
- Institution of Occupational Safety and Health
- SARS

EXPERIENCE IN GULF- 4 YEARS

Health and Safety Officer: DEC 2017 – JANUARY 2019

Employment: MOHAMMED OMER BIN HAIDER GROUP (MOBH)

MAIN DUTIES AND ASSIGNMENTS:-

- Develop and implement health and safety educational programs or activities to improve awareness of safety and protection procedures
- Ensuring that all processes, procedures and activities meet those as laid down under the company ISO management procedures.
- Maintain Safety training records and provide safety briefings and appropriate orientation.
- Training of employees on methods of safe work practices and providing necessary technical guidance for accident protection
- Ensuring that all areas including workplaces, warehouse, camps, kitchens, canteens, and especially the rest rooms are maintained clean, orderly and hygienic
- Maintaining SHE manual forms, formats, registers and safety records.
- Conduct Hazard assessments and ensure appropriate control measures and safe work requirements.
- Ensuring safe operating instructions are available at working place
- Inspect equipments, structures, and work in progress for compliance with applicable health and safety standards and specifications
- Recommend corrective actions and measures to management to improve health and safety conditions of employees.
- Keeping records of accidents and work injuries
- Writing reports on results of inspections and investigations and completing detailed paperwork
- Determining when action (i.e. notices and/or prosecution) may be necessary and gathering and presenting the appropriate evidence
- Developing health and safety working programs and strategies by using powerpoint presentations
- Developing methods to predict possible hazards drawn from experience, historical data and other appropriate information sources
- Preparing for and presenting safety induction for new and existing staff, contractors and visitors
- Providing training and educational support to employees

Health and Safety Officer: October 2013 - December 2015 *EMPLOYMENT*; *ELITE CONTRACTING LLC*

MAIN DUTIES AND ASSIGNMENTS:-

- Assist Management in developing "Safety Policy". Ensure that it is communicated down the level and understood by all.
- Advise Management on the contractual / local and International law requirements / regulations for Health, Safety and Environment. Advise on any modifications to safety requirements and be vigilant on ways and means to improve existing work method promoting safety.
- Organizing and supervising the internal and external audit arrangements for HSE systems, including the auditing and inspection of field projects.
- Conducts Safety Topic Meetings in conjunction with line supervision, Emergency Safety Meetings where required, On The Job Safety Training, Hazard Identification Tours / Job Hazard Analysis, Pre-Deployment Safety Orientations, Joint Site Safety Inspections with the client and other similar safety routings.
- Prepare daily, weekly and monthly Project safety reports, weekly and bi-weekly progress meeting.
- Incorporating the safety requirements in all the method statements before it is submitted to the client and other concerned department.
- Advise and assist all personnel in the division with the implementation of Health and Safety plan and compliance with the relevant H&S legislation.
- Reviews and audits PTWS (i.e. hot, cold, electrical, confined space/vessel entry, lockout/tagout system).
- Monitors the performance of Safety Officer's in the field and extends guidance as necessary in carrying out their assigned functional duties and responsibilities.
- Find out root cause of any accident, investigation as per the project procedure
- Ensure that a comprehensive and up to date project health and safety plan is produced, maintained and implemented on the project and distributed to all relevant parties.
- Conducting for risk assessment for critical works, based on the method statement before they are taken up.
- Providing induction programs for all the new staff members and organizing refresher sessions whenever required.

Health and Safety Officer: February 2016 – August 2017 Employment, SMART FARMS AND MANUFACTURING Ltd, Douala

MAIN DUTIES AND ASSIGNMENTS:-

- Carried out daily inspections to ensure that personal protective equipment (PPE) are properly used and maintained.
- Provide advice and guidelines on health and safety standards and promote a positive safety culture at work.
- Monitoring health and safety performance and identifying training needs.
- Ensure all basic facilities such as portable drinking water, restroom, changing room are available.
- Carried out accident / incident investigation and root analysis, provided and implemented the corrective and preventive measures and actions.

- Developed and implemented health and safety educative programs and activities to create and improve awareness of health and safety and protective procedures.
- Ensure that all procedures, processes and activities within the workplace meets the organization ISO and the management procedures.
- Conducted and maintained in house safety training records, and provide health and safety briefing and appropriate orientations (toolbox talk).
- Inspect equipment, structure and work in progress for compliance with applicable health and safety standards and specifications as per ISO and company's guidelines.
- Recommend corrective actions and measures to the management in order to improve the health and safety management system and provide a safe working environment for all employee, visitors and contractors.
- Developed health and safety policies, implemented them and review regularly to ensure it's up to date and still in compliance.
- Keeping records of all accident and incidents for the purpose of review, audit and prevention of repetition.
- Carried out risk assessment and hazard identification and provide corrective actions and measures.
- Managed the generation and proper disposal of waste.
- Assisted in emergency response, treat minor injuries and diseases, and follow up severe cases at the hospital and compile the necessary documents for insurance claim.
- Ensure the first aid kit have sufficient material in relation to the risk level of the hazard at workplace.

HIGHLIGHT OF SKILLS

HEALTH AND SAFETY

- Ability to communicate and relate well with key opinion leaders and clinical personnel.
- Possessing all Relevant Safety Qualification/Certification.
- Delivering front line safety education and training.
- Serving as a mentor and coach to others.
- Safely handling hazardous substances.

ACKNOWLEDGEMENT

I solemnly declare that the information given above is accurate and I'm held responsible for any miss information.

REFERENCE.

Upon request